

WORKSHEET 1.1 POSITIVE INTRODUCTION

Think about a time when you handled a tough situation in a positive way. You don't need to come up with a huge, life-changing event. Perhaps what comes to mind is a small event that called forth the best in you. Write about this situation. Make it in the form of a story with a clear beginning, middle, and a positive end. If you need more space, write on an additional piece of paper.